**Assessment of Badminton**

|  |
| --- |
| **Areas to be assessed:** Technique – different shots used in the game & tactical awareness (when to use them)Knowledge of the game, how to play, how to keep score and fair play |

**A guide in helping you assess your Levels of Ability in Badminton**

|  |
| --- |
| **A\* / A EXCELLENT** |
| Can perform **all** strokes and movement with quality. Shows a clear **understanding** and has the flair to produce **surprise** elements if needed. Knows the laws of the game, can **officiate** and keep score. |
| **B VERY GOOD** |
| Applies strokes, movement and **tactics** in the game, but sometimes **lacks consistency**. Understands the laws of the game, able to **officiate** and keep score |
| **C GOOD** |
| Can **perform** strokes, movement and tactics in continuous **controlled practices**, but in the game, although tactically aware, skills **break down** under pressure. Can keep score and can help officiate. |
| **D AVERAGE** |
| Can demonstrate strokes and movement in **isolation.** Can hit on forehand and backhand, but with a limited stroke range, and lacks quality of movement, but has **limited** success in the game. Can keep score, but struggles with the service system. |

**Task 1**

**RALLY with a partner**

**Aim -** To keep the rally going.

**Points to Look for**

* How do you use your racket and where do you move during rally?
* Can you use a variety of shots to keep the rally?

Work with different players from within your group to allow for equal opportunity.

**Task 2**

**SINGLES GAME – assessment as player and official**

**Aim -** To show how effective your movement, strokes and tactics are under the pressure of a game. Demonstrate the knowledge of the scoring system and the laws of the game.

**Points to Look for**

• Accuracy.

• Consistency.

• Use of space/stroke selection to exploit opponent.

• Ability to read the game and to use effective movement in order to be in the right place at the right time.

• Applies the rules..

**Task 3**

**DOUBLES GAME and scoring/ laws**

**Aim -** To show an understanding of the use of strokes and movement when combining with another player. Players should compete in fours of similar ability.

**Points to Look for -**

• Working as a team.

• Court coverage.

• Playing for each other.

• Effectiveness of serve and return of serve.

• Ability to get and maintain attack.

• Control of shuttle in defence with a view to regaining attack.

**Types of shots we have covered –**

**High clear shot**

****

**Net kill shot**

**Underarm clear**

**Net shot**

****

****

**Low serve**

****

**High serve**

Self Assessment for Badminton

 name\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **CATEGORIES** | **PERFORMANCE CRITERIA** | **Partner comment****Y / N + ADVICE** | **Self assessment****Y / N + comment** |
| Use of Serve – Low ServeHigh ServeOver head clearUnderarm clearNet shotAccuracy/control/consistency | Can perform each type of serve effectively in a game? |  |  |
| Can perform overhead clear –In a rally?In a game?To outwit opponent in a game? |  |  |
| Can perform underarm clear –In a rally?In a game?To outwit opponent in a game? |  |  |
| Can perform the net shot –In a rally?In a game?To outwit opponent in a game? |  |  |
| Do you dominate the court?Are you in control of the rally?Do you win points because of your shot selection? |  |  |
| **RULES OF THE GAME****Keeping score** | Can you keep score?Can you demonstrate the service rotation in a game?Can officiate a game with authority and accuracy? |  |  |

My self assessment grade for Badminton is \_\_\_\_\_ teacher grade is \_\_\_\_\_

Evidence to support this is –