

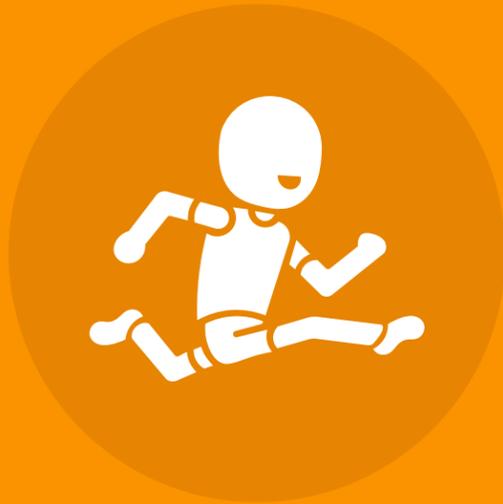
**LEAPING**



**LEAPING**



**LEAPING**



**LEAPING**



**LEAPING**



**LEAPING**



# LEAPING

I lean forward and **push off of the toes** of my takeoff foot.



# LEAPING

I leap and **extend my opposite leg** as far out as possible.



# LEAPING

I **reach forward** with the arm opposite to my landing foot.



# LEAPING

I land on the **toes** of my landing leg.



# LEAPING

I can leap using **either foot** as my takeoff foot.



# LEAPING

I lean forward and **push off of the toes** of my takeoff foot.

I leap and **extend my opposite leg** as far out as possible.

I **reach forward** with the arm opposite to my landing foot.

I **land on the toes** of my landing leg.

I can **leap using either foot** as my takeoff foot.

