



GET THE MOST OUT OF

**RECESS**

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**BE KIND**

**KINDNESS & RESPECT HELP EVERYONE HAVE FUN!**

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**PLAY SAFE**

**KEEP YOURSELF & OTHERS SAFE BY MAKING GOOD DECISIONS**

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# BE A FRIEND

INVITE OTHERS TO JOIN IN YOUR GAME TO ADD TO THE FUN!

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# GRAB A SNACK

FUEL YOUR BODY AND YOUR PLAY BY EATING A HEALTHY SNACK!

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# SOLVE ISSUES

FIX PROBLEMS OR CONFLICTS USING THE STRATEGIES YOU KNOW!

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# BE ADVENTUROUS

STEP OUTSIDE YOUR COMFORT ZONE BY PLAYING  
SOMETHING NEW OR BY JOINING NEW FRIENDS!