













I swing my nonhopping knee to help me get going.



I lean my body forward as I hop.



I swing my arms as I hop off of the ground.









I bend my hopping knee as I land from my hop.



HOPPING

I keep a rhythm going as I continue to hop.



I swing my non-hopping knee to help me get going.

I lean my body forward as I hop.

I swing my arms as I hop off of the ground.

I bend my hopping knee as I land from my hop.

I keep a rhythm going as I continue to hop.





