



Five Point Pass

Tactical Problems

Maintain Possession

Create Space

Communication

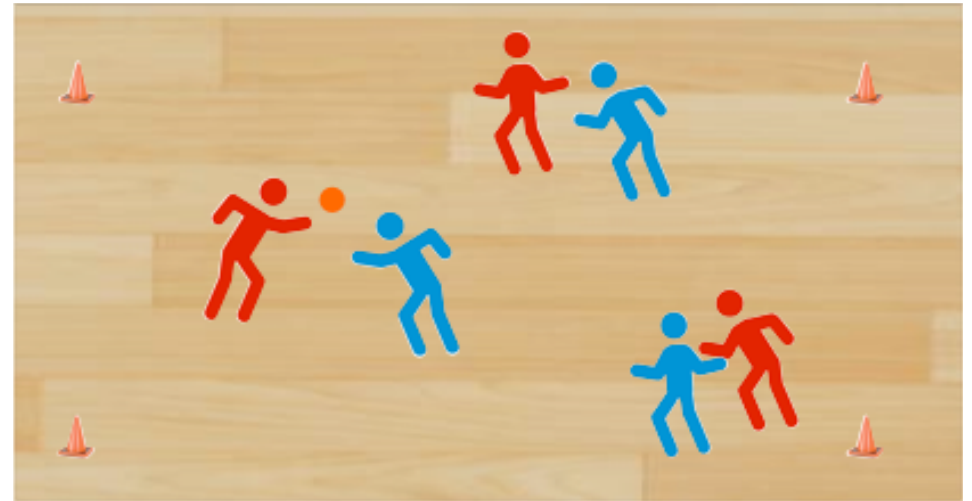
GRADES
3-4

Rules of Play

- Using badminton courts as boundaries, divide players up into small equal teams of five versus five or three versus three. Use paper rock scissors to decide which team starts with the ball.
- The team with the ball must try to make five passes in a row to each other without the ball going out of bounds, being dropped, or being intercepted by the opposing team.
- When a team successfully makes fives passes in a row, they get one point and will give the ball over to the other team. Players can only use warm defense to defend a player with a ball and must be at least one arm's length away.

Variations and Progressions

- Change the number of steps players can make with the ball
- Change the height at which players are allowed to send the balls to their teammates
- Change the amount of time a player can hold onto a ball before it becomes a turnover.



Game Info

Equipment

Gator Ball and Pinnies

Safety

Students should keep their heads up when running

Tactical Talk

What does your team do to keep possession of the ball?

How do you move to get away from your defender?

How do you let your teammates know that you are open?