**Title: Netball (korfball)**  
  
**Type:** Netball, passing, scoring  
**Lesson Goal: Scoring the ball into a net from 4 meters. (net 90 cm high)**



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| **Instruction** | **Differentiation options** | **Extra info** |
| Divide the class in small groups of 5.  Line up in front of the korf at 4 meters.  The first 2 students have a ball. After attempting to score, get the ball and pass it to the first person in line without a ball.  **The technique of a throw is as follows :**   |  |  | | --- | --- | | * You are in walking position | * move your wrists backwards | | * the ball is in front of your chest | * stretch your arms forward | | * move the ball towards your chest * Fingers point to each other | * at the end flip your wrists * Point after the ball | | Evaluation upper hand throw You work in pairs, one student throws and the other looks at the technique and counts the baskets. After ten times you change places. After ten times you change this.   * In the net is 1,5 points * On the net is 0,5 points * Against the net is 0,2 points   Use the form at the next page to mark:  Name of the student who throws:  Name of the score keeper:  **Mark the correct column**   |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | **First attempt** | | | | |  | **2nd attempt** | | | | | |  | In the  net  (1,5) | On the net  (0,5) | Against the net  (0,2) | Miss  (0,0) |  |  | In the  net  (1,5) | On the net  (0,5) | Against the net  (0,2) | Miss  (0,0) | | 1e |  |  |  |  |  | 1e |  |  |  |  | | 2e |  |  |  |  |  | 2e |  |  |  |  | | 3e |  |  |  |  |  | 3e |  |  |  |  | | 4e |  |  |  |  |  | 4e |  |  |  |  | | 5e |  |  |  |  |  | 5e |  |  |  |  | | 6e |  |  |  |  |  | 6e |  |  |  |  | | 7e |  |  |  |  |  | 7e |  |  |  |  | | 8e |  |  |  |  |  | 8e |  |  |  |  | | 9e |  |  |  |  |  | 9e |  |  |  |  | | 10e |  |  |  |  |  | 10e |  |  |  |  | |  | |  |  |
| **Field set-up:** | | |
| **Link to support/assessment document** | | |

**Additional pages if necessary:**