**Compliment lesson**

Line up and repeat what the teacher says:

Activity 1:

Compliment tag

Tag somebody and when you are tagged you stand with your hand in the air. You can join again if somebody gives you a high five and gives you a compliment. After you get a compliment, you thank him/her and you are free. Example: High five and say: you are amazing”, say “thank you”.

4 areas:

**1:**

**hockey**

Play a game of hockey. At every side of the field three goals.

Every time you score you go back to your group and really celebrate and say to the person who scored: well done or other compliments.

The other team tells each other: next time better.

As a teacher try to teach them some words they could use during the game like: line, out, shoot between cones, defend, attack, stick below the knees etc.

**2:**

**Pair football.**

A small field with cones in every corner of the field.

You both must hold the ribbon and start playing football in couples. Try to score by kicking over a cone. If you score, the team gives each other a high five, a compliment and say “thank you”. If you score, you get the cone of the team you scored against. Who can collect the most cones?

**3. Tennis with bean bags and balls.**

Start with the bean bag on top of your bat and everybody has to say: on my bat

Count to 10 out loud and say: I did it.

High catch

Switch sides of the bat or switch sides of the bean bag.

Same exercises with a tennis ball

Start with balancing the tennis ball on the bat and after that the same exercises as with the beanbag.

Hold the ball on the bat. Another person holds a cone. Try to throw the tennis ball into the cone .

Count how many times you get it in.

**4. cat and mouse tag**

2 cats and multiple mice

The cats have to steel the bib of the mouse (tail)

When you loose your tail, you have to get a new one from the teacher. Ask nicely like; can I please have a new tail. When they receive it, they say “thank you”.

1 mouse, 2 mice

1 cat, 2 cats.

It is written on a piece of paper. Show it and repeat with everyone. When the game is done. All the cats are showing the tails they have stolen and count it all together.